

LORD IS OUR SHEPHERD!



DEPRESSION

PART 2- PRAYER AS AN ANSWER TO YOUR
MINDSET

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DEPRESSION

IT IS CALLED SOMETIMES, A DISEASE OF 21 SENTRY, OR NOW A DAYES ILLNESS. SURTALNY, IT IS A VERY SERIOUS STATE OF MIND.

DETECTING LIES IN YOUR THINKING!

In this section, we will try to detect lies from satin that you believe in and help you with prayer, which is based on the Word of God. The great thing about prayer is that shifting the way you think and feel and improves the way you believe. In the first part, we saw a story from the devil and discouragement. So, based on that, one of the first lies you maybe believe is: "Noone loves me.", or maybe: "Noone knows what am I going through."

All of those thoughts and feelings are form your mind. Sadly, you treat feelings as truths. For instance, if you feel lonely, you think there isn't anyone who loves you. All of those are lies from the devil. As Christians, we are exposed to the 24/7 attack from the enemy (the devil), and he sometimes attacks our mind, knowing our weaknesses, so he turns people around us or he leads us to misunderstand someone.

¹I will lift up mine eyes unto the hills, from whence cometh my help.

²My help cometh from the Lord, which made heaven and earth.

³He will not suffer thy foot to be moved: he that keepeth thee will not slumber.

⁴Behold, he that keepeth Israel shall neither slumber nor sleep.

⁵The Lord is thy keeper: the Lord is thy shade upon thy right hand.

⁶The sun shall not smite thee by day, nor the moon by night.

⁷The Lord shall preserve thee from all evil: he shall preserve thy soul.

⁸The Lord shall preserve thy going out and thy coming in from this time forth, and even for evermore.

(Psalm 121, KJV)

You cannot make it in this world without God!



COMPARISONS

What we Christians intend to do is compare ourselves. The more comparing you do, the more harmful you are. However, the temptation of comparisons lies in the fact that they hold a part of the truth. The fact is that there's someone who serves better for the Kingdom of God than you. The apostle Paul said we are all running a race. The good thing with this is that we are running only with ourselves. Imagine if you are comparing with Paul. For me, it is unimaginable. Does that mean I should give up my mission? No, my dear friends in Christ, that doesn't mean I need to give up. It only means I should try to be better than me. Therefore, compare yourself today with you from yesterday. Compare yourself from the last year.

Let's share the results with a group.

Who were you before you met Christ?

Who are you now?

How can you be better tomorrow?

Example

Before I met Jesus Christ, I was an atheist. I was this angry, bitter person who hated the world. I thought Christians and any other religious people are clowns. What I didn't know is that I was the one being deceived. A few years after meeting Christ, learning, and growing in faith I joined this team in sharing the Gospel. That is my purpose in life now.

Now, I am saved by His grace only and I am very grateful for that.

Know ye not that they which run in a race run all, but one receiveth the prize? So run, that ye may obtain. (1 Corinthians 9:24 KJV)

