

LORD IS OUR SHEPHERD!



CAIN AND ABEL

ACCORDING TO THE FIRST BOOK OF
MOSES CALLED GENESIS

[HTTPS://LORDISOURSHEPHERD.COM](https://lordisourshepherd.com)



IN THE BEGINNING

AND GOD SAW THE LIGHT, THAT IT WAS GOOD: AND GOD DIVIDED THE LIGHT FROM THE DARKNESS.

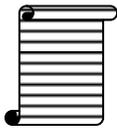
At the very beginning of chapter four, we read that Adam was sleeping with his wife, so she became pregnant. Soon after, she gives birth to their first-born son, Cain. Immediately, she recognized that the child was a gift from God himself. In the second verse, she became pregnant one more time and delivered their other son, Abel. And Abel was a keeper of sheep, but Cain was a tiller of the ground.

In short: After their expulsion from the Garden of Eden, Adam and Eve had two sons. The older one was engaged in farming plants and the younger one in cattle breeding.

And Adam knew Eve his wife; and she conceived, and bare Cain, and said, I have gotten a man from the Lord. 2 And she again bare his brother Abel. And Abel was a keeper of sheep, but Cain was a tiller of the ground. 3 And in process of time it came to pass, that Cain brought of the fruit of the ground an offering unto the Lord. 4 And Abel, he also brought of the firstlings of his flock and of the fat thereof. And the Lord had respect unto Abel and to his offering: 5 But unto Cain and to his offering he had not respect. And Cain was very wroth, and his countenance fell. 6 And the Lord said unto Cain, Why art thou wroth? and why is thy countenance fallen? 7 If thou doest well, shalt thou not be accepted? and if thou doest not well, sin lieth at the door. And unto thee shall be his desire, and thou shalt rule over him.

(Genesis 4:1-7, KJV)

Analyze



Read the fourth chapter in the book of Genesis. (15 min)
Highlight the keywords in this text.



Questionnaire:

What is God's main message in this story?

Why was Cain upset?

Is there a period in your life when you were upset with someone? With whom? Explain why.

What happens when we disobey God? What happened to Cain?

Discussion
(10-15 min)

Discuss in your group everyone's answer. If you have trouble with the right answer write me through the contact form on this website www.lordisoursepherd.com;

Think now. When do you wake up a Cain in your life? In what situations? How can improve in your spiritual life so that you can be more like Abel? (10 min)



Project Homework. Read the spiritual background behind this story <https://lordisoursepherd.com/the-secret-of-cain-and-abel/>.
